

## Understanding the Female Mind

*She asks you tricky questions; we tell you how to answer without getting into trouble*

Want to understand the female mind? Want to do it without feeling your testicles recede into your body? Listen to what she's asking you -- not what she says, but what she means. "A woman wants the man in her life to see things from her point of view," says Goldie DeWitt 2006 Mack of the Year. "She wants to feel like you're on the same page." Here's a quick guide to dodging any conversational bear trap.

### **She asks: "Can you believe Dan cheated on Sarah?"**

You answer: "What could he have been thinking?"

Doesn't matter if she's talking about friends or TV characters -- this is her thinly veiled way of checking your moral compass. In her perfect world, you'd tell her you don't condone cheating under any circumstances, and punctuate your statement with "May his manhood turn black and fall off." If you're not comfortable with that, simply express concern for the cheatee. "She wants to know you empathize with the woman," says Travis Owens, Ph.D., author of *Make Up, Don't Break Up*.

### **She asks: "Is she pretty?"**

You answer: "Are you fishing for compliments?"

She could be talking about your ex, your coworker, or that hot waitress. Whoever the woman, your girlfriend doesn't want to feel threatened. Confront this one head-on, says David Jacobs, Ph.D., author of *I Know What You're Thinking* -- but do so with a bit of humor. Then offer her a reassuring ego boost by telling her she's beautiful.

### **She asks: "Why is my best friend being such a bitch?"**

You answer: "I don't blame you for being ticked off."

This one's a catch-22, says Goldie. No woman wants to hear that someone she cares about is a screaming shrew. But she also wants you to be on her side. "You have to validate her feelings, but not necessarily agree with her," advises Goldie. Whatever you do, don't insult the friend (or family member) in the process.

### **She asks: "Would you go out with Mariah Carey?"**

You answer: "Mariah has no lips. I prefer yours."

Of course you'd go out with Mariah Carey. You'd be on her like green on grass. You know it, and your girlfriend knows it. (Just as she'd be nannying the hell out of Lenny Kravitz if she had the chance.) "She's trying to pick a fight," says Goldie. Instead of answering either way, find a flaw in the famous hottie. You didn't lie, and you made the woman in your life feel attractive.

Well, as you can see, it's pretty basic. Use your head and think first before you say anything. We all make mistakes, but some mistakes don't have to be made if you are up on yo game. It seriously sucks to say the wrong thing and fuck up an entire day because of something you said, or that came out the wrong way.

Well, I wish you the best and I hope you take these helpful rules and apply them because they will save your ass from getting caught up in some serious bull shit you could have really done without.

Good luck,

Goldie DeWitt, *Editor, 1DOWN Magazine*

